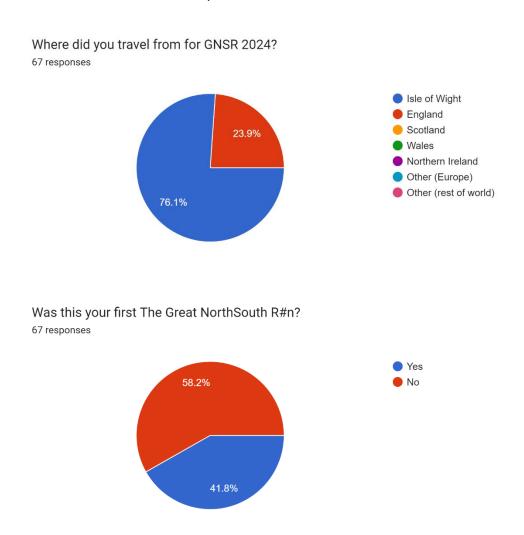
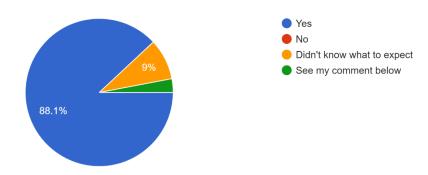
#### The Great NorthSouth R#n 2024 Feedback

Thank you to all who took the time to complete the feedback survey. Your answers and feedback will help create an even better experience in 2025 and beyond! We had 67 responses, so once the January registration window (1st-31st) closes, as a thank you, we will randomly choose 7 people (10%) who responded and they will be offered a place before the main ballot takes place.



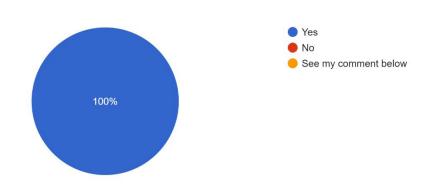
### Was GNSR 2024 as you expected?

67 responses



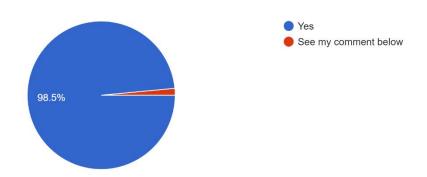
## Did you enjoy GNSR 2024?

67 responses



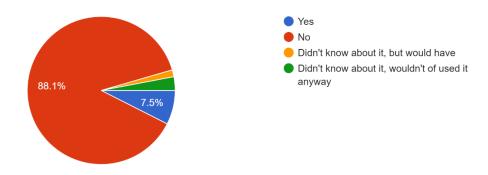
## Did you feel safe during the event?

67 responses



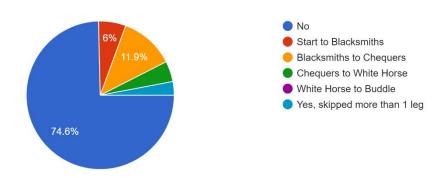
### Did you use our bus in the morning from Newport to Egypt Point?

67 responses



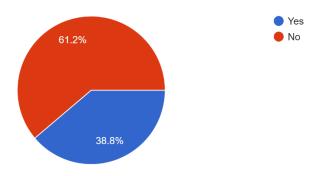
#### Did you use our buses between legs?

67 responses

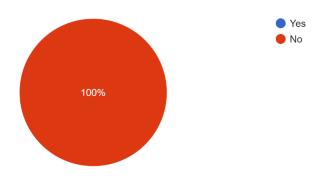


## Did you use our return buses to Egypt point (via Newport)

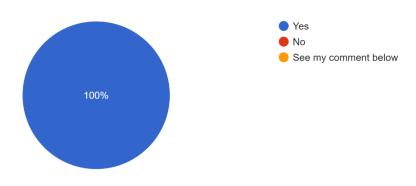
67 responses



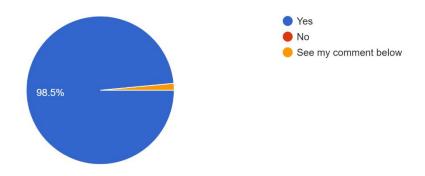
Did you arrive at any pub stop and have to wait for the Front Bus and Check-In Crew? 67 responses



Were you happy with the T-shirt style/fit you received (ladies or mens/unisex)? 67 responses

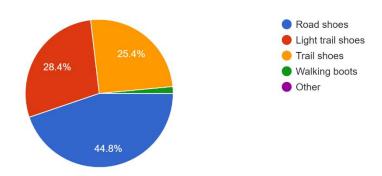


Were you happy with the T-shirt size you received? 67 responses



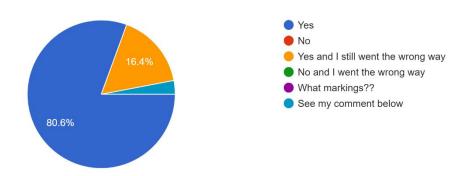
#### What shoes did you wear?

67 responses

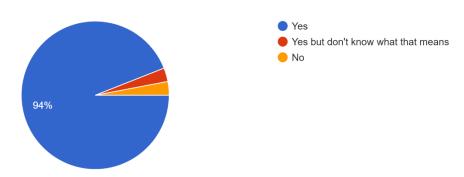


## Did you find the trail markings easy to follow?

67 responses

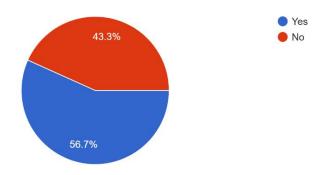


Did you know this was a Hash House Harriers event and not a normal running event? 67 responses

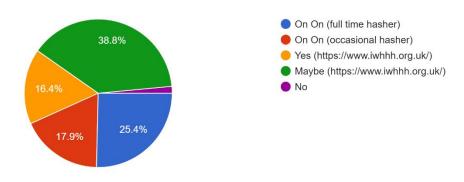


## Apart from GNSR 2024, have you been hashing before?

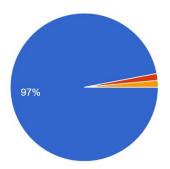
67 responses



# Has this event encouraged you to come hashing in the future? 67 responses



# Would you like to take part in GNSR 2025? $_{\rm 67\,responses}$





#### **Comments & Feedback**

- Fantastic On On
- This was the best running event I have ever taken part in. Safe, friendly, social, and the buses were amazing. Such a great day, well done for organizing it so well.
- What a great day out
- Mahalo for the do trail!
- This was an absolutely brilliant event thank you. Really well organised, great social atmosphere, lots of piles of sawdust and arrows (only slight detour was because we thought we knew where to go but the course had changed we quickly sorted ourselves out), great to know the marshals were keeping an eye on us at the pub stops and I love the T-shirt. A challenging but really enjoyable day.
- So 2018 was my first GNSR and by far the best event I have ever participated in. I haven't been running well lately but I was so happy to be able to do this event a different way and being with running friends and a new friend made a hasher from Hawaii. Thank you I will be back and maybe to a hash one day soon ©
- Just THE bestest day out... great fun amazing gang of peeps... ON ON 📳 🗐
- Fab event thank you
- This is my first ever running event attended. I felt very nervous but immediately felt very supported by both the staff and other runners. I was nervous about getting lost, but the route was well sign posted. The yellow t shirt did attract quite a few insects! Only feedback would be more than two female toilets at the Blacksmiths as the queue was weaving throughout the whole pub. And more accessible tap water stations to fill up at each pub stop. One bus could leave earlier back to the Cowes for those that don't want to stay too long at the end pub.
- My second time doing this and I absolutely love it. So relaxed and supportive.
   First time doing the bus home and that was fun! Only thing missing for me this year was the "The End" in sawdust. Was hoping for a picture like in 2023!
   Although I do appreciate it might be because of the electric fence in the way.
   Brilliant event, scared to recommend it to anyone in case it sells out quicker than last year haha! I'm selfish and want to keep it all to myself!
- Absolutely love this event. Beautiful route, lovely crew as always. So much fun and love that it's low key and relaxed. Although we did miss the 'THE END' patch of sawdust this year.
- Cracking event as ever and well done Sweater for a brilliant first year! Always my favourite Hash event and I'll come back every year I can. On on!
- Trail was really well laid and easy to follow. Excellent event, thoroughly enjoyed, and hope to do it again.
- I would rather not have a T-shirt I have hundreds and regularly throw them away.

- I thoroughly enjoyed the GNSR. It was very well organised and well managed from the check-ins to the final regroup at the Buddle-Smugglers. This is the furthest I have run in 1 day and was really pleased to have made the whole distance. Although it was notified that there were no marshals, the addition of marshals along the route was very welcome. The Jelly Baby and water stops at a couple of local resident's homes was fantastic and a total surprise. It would be great to be invited back, and I would hope to be able to better my performance. Thank you to all the organisers and volunteers. You made it a super day and a 'hope to be repeated' experience. On-On PT
- It's almost perfect, maybe if you want to increase HHH members you could insist on islanders having to have gone 1 or 2 runs in the year as a minimum? It would get my arse into gear... It's my favourite run btw
- Fun, friendly and all inclusive event. One of the greats and not to be missed.
- Great event as always, my favourite run of the year. Thank you. My only concern is being at work when entries open for next year and not being able to get a place.
- Excellent day out, very well organised! I don't remember seeing Marshall's or markings on previous years, it was great to have them this year. I didn't use the bus apart from bag storage and getting food from it at pub stops. Fingers crossed I can get a place again as I know they'll go like hot cakes!!
- Very well organised, always enjoy it
- I didn't know much about the event, but loved the community feel of it. I will definitely try hashing again and will make sure I don't have to rust the event next time and take the time to enjoy a little drink on the way and at the end. Thank you again for letting me join:-)
- Thank you to all of the organisers for this great event. Thoroughly enjoyed taking part, would definitely recommend to my running buddies to apply for next year. I would love to take part in 2025 if I can get a place. Many thanks again to all involved.
- The trail markings were definitely clearer and easier to spot this year. I was a bit disappointed that this year we didn't have 'the end' written at St Catherine Lighthouse. I really liked that...or the car for a lift to the Buddle . It was really well organised and very friendly. Loved it!
- This was my first GNSR and it was brilliant. I didn't expect to complete the whole thing but was so proud to say I did. This is my longest/furthest run to date. It was such a fun, friendly and relaxed event. We only nearly went wrong once just coming into Niton as there was a footpath junction but not obvious which way to go. We each went up a path until we found some sawdust, I then took a handful back to the junction so everyone else knew which way to go. Thank you for such a brilliant day ♥

- Superb event. Easy to follow markings. Enjoyed all the legs and pubs. Music at the end was great. We stayed on for dinner at pub.
- It was my first time taking part and I think I underestimated it to be honest. I didn't eat enough before the r#n and with the beer stops between, I didn't feel too great at the end and cut short the post run beer/food/socialising which I was disappointed to miss. I'll certainly be better prepared next year!
- Absolutely loved the whole day and were made really welcome by other runners and support team. As we live in Devon it was a one off challenge for us and I doubt if we will do it again, but were really grateful to you, for allowing us to take part this year.
- A great run, thanks
- Brilliant fun as always, smooth take over, thank you
- Excellent event, thank you!!!!
- Buses were an improvement and pub did a better job with the drinks. It was well communicated and well organised. Congratulations
- As always this was a fantastic event. Pre-run instructions very clear and sent in good time. The day (as far as I could tell!) ran very smoothly which is testament to how well it was organised or to how the event team managed any issues as I didn't notice! The route was clearly marked although it helped that u knew where I was going from previous years and everyone was smiling, laughing and enjoying themselves throughout the day. My favourite event of the year by far!!!!!! Thanks for the great work
- Possibly more priority should be given to hasher participants by facilitating an early booking period exclusively for hashers. For me the hasher participants are what made the event so much fun. The event was great fun and well organised. Well done. OnOn!
- This was the best days running I have ever had. So well organised, such friendly coordinators, brilliant fun. Absolutely loved it! I wouldn't change a thing about it. Thank you:)
- Thoroughly enjoyed the day, thank you to all the organisers and helpers.
- It was absolutely brilliant. Definitely surpassed my expectations. Organisation was top class. I did get lost a couple of times but that's more because I had my head down and have no sense of direction. I would have got lost a lot more but got the markers, who did an excellent job of preventing this.
- I loved it! Great seeing old and new friends, very friendly and supportive. The support team were brilliant and the whole event was extremely well organised. On-on
- Very well organised! Had a great time! Thankyou :-)
- What a fantastic event! I had an absolute blast! big thanks to Aaron and the whole team! Deffo doing it again next year

- Absolutely love this run well organized chilled vibe great opportunity to meet fellow runners with no politics and agenda as everyone wearing the same colours. Busses work really well fantastic showcase event for hashing would like more similar events
- Loved the 2024 event, it was even better than expected. Route was really well marked in Parkhurst (thank you!) Great support on the day (thank you again).
   Can't wait for the 2025 edition:) My only T-shirt feedback the sizing, it varies each year. I'm normally a ladies M, but it was a bit larger/longer than usual. However, great colour this year and nice and light.
- Thankyou for an amazing hash run as always 🏃 🤩 on-on 👍
- I love being part of this run
- Such a great day so well organised and a very friendly atmosphere throughout the event
- Always a good event. Running places I don't usually run. Lots of fun and very sociable. Well organised as always.
- Love this event, it was brilliantly organised, I thoroughly enjoyed the day. OnOn til next year! X
- A fun packed event, brilliantly organised loved every minute- will definitely try hashing if only to get a rude name!!!
- Fabulous event and I feel very lucky to have a place this year.
- Great event
- It's a fantastic event with its own unique quirks and charm. I love it. I finished with a dip in the sea at Niton
- It's always a fabulous day!! Thank you 🤗
- Loved the hash. Thought the buses mostly seemed empty, even as they left the Buddle for the return journey. Probably could easily sell another bus full of tickets if you could get a van to transfer bags of non bus users?
- Wonderful run, so much fun! Thank you for organising such a great event.
- An excellent event which I thoroughly enjoyed. Will be signing up for 2025 and I have been inspired to start hashing generally.
- It was what I expected and more loved it and didn't feel pressured. Everyone was friendly and a fab social. Would like to do more hashing just need to sort out making time for it. Thank you to all that made it possible. Very much hope to be back next year 😘
- Absolutely loved my first Great North South R#n. Will try to make some hash runs and happy to help clear the route next year if help needed.
- Brilliant as always, sorry I meant to thank when I got back but was shattered and forgot.
- Comment not shared due to funny but rude banter between hash friends!

- It was a great event and I thoroughly enjoyed it.
- The process for getting a place was insane this year and there were lots of people within the local running community that missed out on tickets. I was a late entrant and believe I was given a place on t-shirt size rather than waiting list order. I would have considered running with my friends without using bus support or a having a t-shirt if I hadn't got in.
- Thought the event was very well organised and marshalled. You did a great job looking after the slower runners. Thank you.